



# Lehh Homestay

## Experience Ladakh Like a Ladakhi

### Duration - Flexible

At Julley Ladakh Homestay, we don't just show you the mountains; we invite you into our homes, our culture, and our way of life. Skip the crowded tourist buses and experience the rhythm of the high Himalayas just as we do. Here are a few ways we can explore Ladakh together:

### 1. The Soul of a Ladakhi Home

- **Traditional Kitchen Gatherings:** In Ladakh, the kitchen is the heart of the home. Sit around our traditional wood-fired stove, sip on warm butter tea (Gur-Gur Chai), and learn to make authentic mokus (momos) or thukpa with our family.
- **Farm-to-Table Living:** Walk through our local barley and vegetable fields. Depending on the season, help us harvest or simply enjoy meals made with 100% organic, homegrown ingredients.

### 2. Off-the-Beaten-Path Journeys

- **Monastery Mornings:** Avoid the afternoon crowds. We will take you to local monasteries at dawn to hear the soothing chants of the monks and participate in morning prayers.
- **Hidden Village Walks:** Visit quiet, ancient villages rarely seen by typical tourists, where life moves at a peaceful, centuries-old pace.
- **Nomadic Life at Changthang:** Let us introduce you to the authentic lifestyle of the Changpa nomads, the keepers of the famous Pashmina goats.

### 3. Conscious & Mindful Travel

- **Acclimatization the Right Way:** We don't rush you. We help you adapt to the altitude gently with slow-paced local walks and traditional wellness remedies.
- **Leave No Trace:** We practice eco-friendly tourism. We'll teach you how to respect our fragile ecosystem, avoid plastic, and support local artisans.

#### **A Note on Altitude:**

Ladakh sits at over 3,500 meters. We highly recommend taking your first 36 to 48 hours completely easy at our homestay to acclimate before heading out on adventures!

For enquiries

 +91-9958964471

Visit - [www.lehhomestay.com](http://www.lehhomestay.com)